

Who can  
Help Me?



Free message alerts from key info providers  
[www.neighbourhoodwatchscotland.co.uk](http://www.neighbourhoodwatchscotland.co.uk)

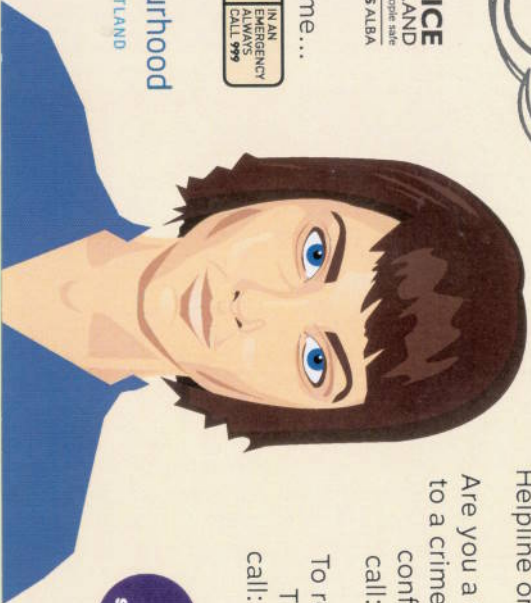
Want advice on your consumer rights?  
Go to your local Citizens Advice Bureau  
or call the Citizens Advice Consumer  
Helpline on **08081646000**

Are you a victim or witness  
to a crime looking for free,  
confidential support?  
call:- **08001601985**

To report a matter to  
Trading Standards  
call:- **08081646000**



To report a crime...



It's never easy to spot a bogus caller.  
Anyone can be a victim of household scams



Be wary of cold callers at the door and on the phone,  
scammers can appear very legitimate.



**SHUT OUT SCAMMERS**  
Two words that will help us beat  
doorstep crime “no thanks”



## Doorstep Checklist

- If in doubt: keep them out
- LOCK, STOP, CHAIN and CHECK
- LOCK - Keep front and back doors locked
- STOP - Don't open the door until you have checked through a viewer or window to see who is there
- CHAIN - Use a door chain or bar
- CHECK - Only let callers in if they have an appointment and you have confirmed they are genuine
- Always ask for ID
- Call the published number from the internet or phone directory for their company or service to check if they are legitimate. Do not use a telephone number provided by the caller.