






Training Calendar



October 2019




 <p>Access To Warehousing Ref: ACC23285</p>	<p>Tues 1st Oct</p>	<p>Participants will develop industry skills and training to assist them to move into employment in warehouse roles.</p> <p>Learn about the roles and responsibilities of working within a warehouse environment, considering the different warehouse environments such as storage sites, distribution centres, retail centres, cold storage and food warehouses. This course will also provide training in health and safety and moving and handling.</p>	<p>Week 1* Tue 1st* – Thu 3rd Oct</p> <p>Week 2 Mon 7th – Thu 10th Oct</p> <p>*Mon 30th Sep Bank holiday – no course</p>	<p>Course runs for 2 weeks; 4 days each week. Mon to Thurs, from 9:30am to 4:30pm</p>	<p>Whiteinch Community Centre 1 Northinch St G14 OUG</p>
 <p>Building Your Future Ref: WLG23255</p>	<p>Mon 7th Oct</p>	<p>Participants will identify their confidence and self-esteem levels to empower them to try new things.</p> <p>This course will cover a range of personal skills; identifying ways to be confident, assertive, and capable of managing change and making decisions. Other topics of study will include finance and budgeting and ways of ensuring good life balance. A peer support outing will take place on completion of this course.</p>	<p>Week 1 Mon 7th & Tue 8th Oct</p> <p>Week 2 Mon 14th & Tue 15th Oct</p> <p>Week 3 Mon 21st & Tue 22nd Oct</p> <p>Week 4* Mon 28th Oct</p>	<p>Course runs for 4 weeks; 2 days each week, Mon and Tues from 9:30am to 3:30pm</p> <p>*THIS COURSE WILL FINISH ON MON 28TH OCT</p>	<p>TALC 84 Braidfauld St G32 8PJ</p>
 <p>Skills for Work Ref: SKI23272</p>	<p>Tues 8th Oct</p>	<p>Participants will build confidence, skills and knowledge to assist with job searching.</p> <p>This course will enhance employability skills; covering the areas of CV development, application forms, and interviews. In addition, participants have the opportunity to take part in a mock interview to receive supportive feedback.</p>	<p>Week 1 Tues 8th & Wed 9th Oct</p> <p>Week 2 Tues 15th & Wed 16th Oct</p> <p>Week 3 Tue 22nd & Wed 23rd Oct</p>	<p>Course runs for 3 weeks; 2 days each week. Tues and Wed, from 9:30am to 3:30pm</p>	<p>Townhead Village Hall 60 St Mungo Avenue G4 0PL</p>



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 <p>Building Your Future Ref: WLG23254</p>	<p>Wed 9th Oct</p>	<p>Participants will identify their confidence and self-esteem levels to empower them to try new things.</p> <p>This course will cover a range of personal skills; identifying ways to be confident, assertive, and capable of managing change and making decisions. Other topics of study will include finance and budgeting and ways of ensuring good life balance. A peer support outing will take place on completion of this course.</p>	<p>Week 1: Wed 9th & Thu 10th Oct</p> <p>Week 2: Wed 16th & Thu 17th Oct</p> <p>Week 3: Wed 23rd & Thu 24th Oct</p>	<p>Course runs for 3 weeks; 2 days each week. Wed and Thurs from 9:30am to 3:30pm</p>	<p>OSEC 18 Orkney St Govan G51 2BX</p>
 <p>Understanding Stress Ref: WLG23306</p>	<p>Thu 10th Oct</p>	<p>Participants will gain an understanding of the link between mental health and physical health and wellbeing.</p> <p>This course will cover varying areas of mental health. Coping strategies such as relaxation, meditation and mindfulness will be considered as positive ways to manage stress, anxiety and panic attacks.</p>	<p>Week 1: Thu 10th Oct</p> <p>Week 2: Thu 17th Oct</p> <p>Week 3: Thu 24th Oct</p> <p>Week 4: Thu 31st Oct</p>	<p>Course runs for 4 weeks; 1 days each week on a Thurs from 9:30am to 3:30pm</p>	<p>Cadder Community Centre 110 Tresta Rd G23 5AE</p>
 <p>Access to Care Ref: ACC23293</p>	<p>Mon 14th Oct</p>	<p>Participants will develop industry skills and training to assist them to move into employment in the care services sector.</p> <p>Learn the principles of providing dignified and respectful care and how to best support vulnerable groups. Those taking part will achieve certification in areas including health and safety, moving and handling, and first aid. Suitable for anyone wishing to work in care roles within care homes, support work or domiciliary care.</p> <p>This course can include a work experience placement.</p>	<p>Week 1: Mon 14th – Fri 18th Oct</p> <p>Week 2: Mon 21st – Fri 25th Oct</p> <p>Week 3: Mon 28th Oct – Fri 1st Nov</p> <p>Week 4: Mon 4th Nov – Fri 8th Nov</p> <p>Week 5: Mon 11th – Fri 15th Nov</p> <p>Week 6: Mon 18th – Fri 22nd Nov</p>	<p>Course runs for 8 weeks; 5 days each week. Mon to Fri, from 9:30am to 4:30pm</p>	<p>Bridgeton Community Learning Campus 68 Dale St G40 4TL</p>



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			Week 7: Mon 25 th – Fri 29 th Nov Week 8: Mon 2 nd Dec – Fri 6 th Dec		
 Access to Construction Ref: WLG23264	Mon 14th Oct	Participants will develop industry skills and training to assist them to move into employment in construction roles A CSCS Health and Safety card is required to work on construction and industrial sites. This course will cover the training and study required to sit the test and will cover the costs of the test and CSCS card.	Week 1: Mon 14 th – Thu 17 th Oct Week 2: Mon 21 st – Thu 24 th Oct	Course runs for 2 weeks; 4 days each week. Mon to Thurs, from 9:30am to 4:30pm	Enterprise Centre 150 Boden St G40 3PX
 GOALS Ref: WLG23307	Tue 22nd Oct	Participants will identify and address personal challenges, considering ways to overcome these through the development of self-esteem and goal setting. This course will teach ways to visualise and create positive plans; motivating and encouraging those who would benefit from a fresh outlook and approach to job searching.	Week 1: Tue 22 nd & Wed 23 rd Oct Week 2: Mon 28 th – Wed 30 th Oct	Course runs for 2 weeks; 2 days in week 1 and 3 days in week 2, from 10:00am to 3:00pm	Reidvale Neighbourhood Centre 13, Whitevale St G31 1QW
 Access to Construction Ref: WLG23282	Mon 28th Oct	Participants will develop industry skills and training to assist them to move into employment in construction roles A CSCS Health and Safety card is required to work on construction and industrial sites. This course will cover the training and study required to sit the test and will cover the costs of the test and CSCS card.	Week 1: Mon 28 th - Thu 31 st Oct Week 2: Mon 4 th – Thu 7 th Nov	Course runs for 2 weeks; 4 days each week. Mon to Thurs, from 9:30am to 4:30pm	Townhead Village Hall 60 St Mungo Avenue G4 0PL




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 <p>Access To Warehousing Ref: ACC23286</p>	<p>Mon 28th Oct</p>	<p>Participants will develop industry skills and training to assist them to move into employment in warehouse roles.</p> <p>Learn about the roles and responsibilities of working within a warehouse environment, considering the different warehouse environments such as storage sites, distribution centres, retail centres, cold storage and food warehouses. This course will also provide training in health and safety and moving and handling.</p>	<p>Week 1: Mon 28th – Thu 31st Oct</p> <p>Week 2: Mon 4th – Thu 7th Nov</p>	<p>Course runs for 2 weeks; 4 days each week. Mon to Thurs, from 9:30am to 4:30pm</p>	<p>Ladywell 94 Duke St G4 0UW</p>
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November 2019




 <p>Access to Care Ref: ACC23294</p>	<p>Mon 4th Nov</p>	<p>Participants will develop industry skills and training to assist them to move into employment in the care services sector.</p> <p>Learn the principles of providing dignified and respectful care and how to best support vulnerable groups. Those taking part will achieve certification in areas including health and safety, moving and handling, and first aid. Suitable for anyone wishing to work in care roles within care homes, support work or domiciliary care.</p> <p>This course can include a work experience placement.</p>	<p>Week 1: Mon 4th – Fri 8th Nov</p> <p>Week 2: Mon 11th – Fri 15th Nov</p> <p>Week 3: Mon 18th – Fri 22nd Nov</p> <p>Week 4: Mon 25th – Fri 29th Nov</p> <p>Week 5: Mon 2nd - Fri 6th Dec</p> <p>Week 6: Mon 9th – Fri 13th Dec</p> <p>Week 7: Mon 16th – Fri 20th Dec</p>	<p>Course runs for 8 weeks; 5 days each week. Mon to Fri, from 9:30am to 4:30pm</p>	<p>Ladywell 94 Duke St G4 0UW</p>
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 Skills for Work Ref: SKI23275	Mon 4th Nov	<p>Participants will build confidence, skills and knowledge to assist with job searching.</p> <p>This course will enhance employability skills; covering the areas of CV development, application forms, and interviews. In addition, participants have the opportunity to take part in a mock interview to receive supportive feedback.</p>	<p>Week 1: Mon 4th & Wed 6th Nov</p> <p>Week 2: Mon 11th & Wed 13th Nov</p> <p>Week 3: Mon 18th & Wed 20th Nov</p>	<p>Course runs for 3 weeks; 2 days each week. Mon and Wed, from 9:30am to 3:30pm</p>	<p>Whiteinch Community Centre 1 Northinch St G14 0UG</p>
 Understanding Stress Ref: WLG23256	Tue 5th Nov	<p>Participants will gain an understanding of the link between mental health and physical health and wellbeing.</p> <p>This course will cover varying areas of mental health. Coping strategies such as relaxation, meditation and mindfulness will be considered as positive ways to manage stress, anxiety and panic attacks.</p>	<p>Week 1: Tue 5th Nov</p> <p>Week 2: Tue 12th Nov</p> <p>Week 3: Tue 19th Nov</p> <p>Week 4: Tue 26th Nov</p>	<p>Course runs for 4 weeks; 1 day each week on a Tues from 9:30 to 3:30</p>	<p>Townhead Village Hall 60 St Mungo Avenue G4 0PL</p>
 Building Your Future Ref: WLG23313	Wed 6th Nov	<p>Participants will identify their confidence and self-esteem levels to empower them to try new things.</p> <p>This course will cover a range of personal skills; identifying ways to be confident, assertive, and capable of managing change and making decisions. Other topics of study will include finance and budgeting and ways of ensuring good life balance. A peer support outing will take place on completion of this course.</p>	<p>Week 1: Wed 6th & Thu 7th Nov</p> <p>Week 2: Wed 13th & Thu 14th Nov</p> <p>Week 3: Wed 20th & Thu 21st Nov</p> <p>Week 4: Wed 27th & Thu 28th Nov</p>	<p>Course runs for 4 weeks; 2 days each week. Wed and Thurs from 9:30am to 3:30pm</p>	<p>Whiteinch Community Centre 1 Northinch St G14 0UG</p>



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 Understanding Stress Ref: WLG23263	Mon 11th Nov	<p>Participants will gain an understanding of the link between mental health and physical health and wellbeing.</p> <p>This course will cover varying areas of mental health. Coping strategies such as relaxation, meditation and mindfulness will be considered as positive ways to manage stress, anxiety and panic attacks.</p>	Week 1: Mon 11 th Nov Week 2: Mon 18 th Nov Week 3: Mon 25 th Nov	Course runs for 3 weeks; 1 days each week on a Monday from 9:30 to 3:30	Adelphi Centre 5 Commercial Rd, Gorbals G5 0PQ
 GOALS Ref: WLG23302	Mon 11th Nov	<p>Participants will identify and address personal challenges, considering ways to overcome these through the development of self-esteem and goal setting.</p> <p>This course will teach ways to visualise and create positive plans; motivating and encouraging those who would benefit from a fresh outlook and approach to job searching.</p>	Week 1: Mon 11 th Tues 12 th & Thu 14 th Nov Week 2: Mon 18 th Tues 19 th & Thu 21 st Nov	Course runs for 2 weeks; 3 days each week on a Mon, Tues and Thurs from 9:30 to 3:30	OSEC 18 Orkney St Govan G51 2BX
 Access to Construction Ref: WLG23296	Mon 11th Nov	<p>Participants will develop industry skills and training to assist them to move into employment in construction roles</p> <p>A CSCS Health and Safety card is required to work on construction and industrial sites. This course will cover the training and study required to sit the test and will cover the costs of the test and CSCS card.</p>	Week 1: Mon 11 th - Thu 14 th Nov Week 2: Mon 18 th - Thu 21 st Nov	Course runs for 2 weeks; 4 days each week. Mon to Thurs, from 9:30am to 4:30pm	Cadder Community Centre 110 Tresta Rd G23 5AE



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 <p>Skills for Work Ref: SKI23297</p>	<p>Mon 25th Nov</p>	<p>Participants will build confidence, skills and knowledge to assist with job searching.</p> <p>This course will enhance employability skills; covering the areas of CV development, application forms, and interviews. In addition, participants have the opportunity to take part in a mock interview to receive supportive feedback.</p>	<p>Week 1: Mon 25th – Tue 26th Nov</p> <p>Week 2: Mon 2nd – Tue 3rd Dec</p> <p>Week 3: Mon 9th – Tue 10th Dec</p>	<p>Course runs for 3 weeks; 2 days each week. Mon and Tues, from 9:30am to 3:30pm</p>	<p>Bridgeton Community Learning Campus 68 Dale St G40 4TL</p>
 <p>Access to Care Ref: ACC23292</p>	<p>Mon 25th Nov</p>	<p>Participants will develop industry skills and training to assist them to move into employment in the care services sector.</p> <p>Learn the principles of providing dignified and respectful care and how to best support vulnerable groups. Those taking part will achieve certification in areas including health and safety, moving and handling, and first aid. Suitable for anyone wishing to work in care roles within care homes, support work or domiciliary care.</p> <p>This course can include a work experience placement.</p>	<p>Week 1: Mon 25th – Fri 29th Nov</p> <p>Week 2: Mon 1st – Fri 6th Dec</p> <p>Week 3: Mon 9th – Fri 13th Dec</p> <p>Week 4: Mon 16th – Fri 20th Dec</p> <p>Week 5: January 2020 TBC</p> <p>Week 6: January 2020 TBC</p> <p>Week 7: January 2020 TBC</p> <p>Week 8: January 2020 TBC</p>	<p>Course runs for 8 weeks; 5 days each week. Mon to Fri, from 9:30am to 4:30pm</p>	<p>Digital Media Academy 100 Brand St G51 1DG</p>



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 <p>GOALS Ref: WLG23303</p>	<p>Mon 25th Nov</p>	<p>Participants will identify and address personal challenges, considering ways to overcome these through the development of self-esteem and goal setting.</p> <p>This course will teach ways to visualise and create positive plans; motivating and encouraging those who would benefit from a fresh outlook and approach to job searching.</p>	<p>Week 1: Mon 25th - Wed 27th Nov</p> <p>Week 2: Mon 2nd - Wed 4th Dec</p>	<p>Course runs for 2 weeks; 3 days each week on a Mon to Wed from 9:30 to 3:30</p>	<p>Townhead Village Hall 60 St Mungo Avenue G4 0PL</p>
 <p>Access to Construction Ref: WLG23299</p>	<p>Mon 25th Nov</p>	<p>Participants will develop industry skills and training to assist them to move into employment in construction roles.</p> <p>A CSCS Health and Safety card is required to work on construction and industrial sites. This course will cover the training and study required to sit the test and will cover the costs of the test and CSCS card.</p>	<p>Week 1: Mon 25th - Thu 28th Nov</p> <p>Week 2: Mon 2nd - Thu 5th Dec</p>	<p>Course runs for 2 weeks; 4 days each week. Monday to Thursday, from 9:30am to 4:30pm</p>	<p>Enterprise Centre 150 Boden St G40 3P</p>
 <p>Access to Construction Ref: Acc23336</p>	<p>Wed 27th Nov</p>	<p>Participants will develop industry skills and training to assist them to move into employment in construction roles.</p> <p>A CSCS Health and Safety card is required to work on construction and industrial sites. This course will cover the training and study required to sit the test and will cover the costs of the test and CSCS card.</p>	<p>Week 1: Wed 27th & Thu 29th Nov</p> <p>Week 2: Wed 4th & Thu 5th Dec</p> <p>Week 3: Wed 11th & Thu 12th Dec</p> <p>Week 4: Wed 18th & Thu 19th Dec</p>	<p>Course runs for 4 weeks; 2 days each week. Wed and Thurs, from 9:30am to 3:30pm</p>	<p>Maryhill Hub, 186 Wyndford Rd, Wyndford, Glasgow G20 8HF</p>



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December 2019

 <p>Skills for Work Ref: SKI23273</p>	<p>Mon 2nd Dec</p>	<p>Participants will build confidence, skills and knowledge to assist with job searching.</p> <p>This course will enhance employability skills; covering the areas of CV development, application forms, and interviews. In addition, participants have the opportunity to take part in a mock interview to receive supportive feedback.</p>	<p>Week 1: Mon 2nd & Wed 4th Dec</p> <p>Week 2: Tue 10th & Wed 11th Dec</p> <p>Week 3: Tue 17th & Wed 18th Dec</p>	<p>Course runs for 3 weeks; 2 days each week. Mon and Wed in the 1st week and then Tue and Wed for the final 2 weeks. Each day is 9:30am to 3:30pm</p>	<p>Ibrox Library 1-5 Midlock St G51 1SL</p>
 <p>Building Your Future Ref: WLG23262</p>	<p>Tue 3rd Dec</p>	<p>Participants will identify their confidence and self-esteem levels to empower them to try new things.</p> <p>This course will cover a range of personal skills; identifying ways to be confident, assertive, and capable of managing change and making decisions. Other topics of study will include finance and budgeting and ways of ensuring good life balance. A peer support outing will take place on completion of this course.</p>	<p>Week 1: Tue 3rd & Wed 4th Dec</p> <p>Week 2: Tue 10th & Wed 11th Dec</p> <p>Week 3: Tue 17th & Wed 18th Dec</p>	<p>Course runs for 3 weeks; 2 days each week. Tues and Wed from 9:30am to 3:30pm</p>	<p>Adelphi Centre 5 Commercial Rd, Gorbals G5 0PQ</p>
 <p>GOALS Ref: WLG23309</p>	<p>Tue 10th Dec</p>	<p>Participants will identify and address personal challenges, considering ways to overcome these through the development of self-esteem and goal setting.</p> <p>This course will teach ways to visualise and create positive plans; motivating and encouraging those who would benefit from a fresh outlook and approach to job searching.</p>	<p>Week 1: Tue 10th - Thu 12th Dec</p>	<p>Course runs for 2 weeks; 3 days each week on a Tues to Thurs from 9:30 to 3:30</p>	<p>Ladywell 94 Duke St G4 0UW</p>